



New MBS Items for Menopause and Perimenopause Health Assessments

Effective 1 July 2025, the Medicare Benefits Schedule (MBS) includes new items to support comprehensive health assessments for patients experiencing:

- Premature ovarian insufficiency (menopause before age 40)
- Early menopause (ages 40–45)
- Perimenopause (transitional phase)
- Menopause (12 months after last menstrual period)
- Or undergoing treatment for related symptoms

These items are part of a \$64.5 million government initiative to improve access to structured, holistic care for women. They will be trialled for an initial two-year period.

New Items Numbers

MBS Item	Provider Type	Rebate	Minimum Duration
695	Vocationally Registered GP	\$101.90	20 minutes
19000	Non-VR Prescribing Medical Practitioner	\$81.50	20 minutes

- Available once every 12 months per patient
- Single bulk billing incentive applies
- Included in the Bulk Billing Practice Incentive Program from 1 November 2025

Date Issued:

September 2025

To Be Reviewed:

September 2026 (subject to MBS updates)

Approved by:

General Manager, Innovation, Evidence and Reform

Contact:

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Eligibility Criteria

No age restrictions. Patients must meet one or more of the clinical criteria listed above.

Assessment Requirements

- Minimum 20-minute face-to-face consultation (interpreter time may be included)
- Must be conducted by a single practitioner

Clinical Components

1. Comprehensive History

- Menopausal status
- Symptom severity (e.g., hot flushes, mood changes, sleep disturbances)

2. Physical Examination

- Blood pressure
- Height, weight, BMI

3. Investigations & Referrals (*as clinically indicated*)

- Cervical screening
- Mammography
- Bone densitometry

4. Management Discussion

- Non-pharmacological options (e.g., lifestyle, psychological support)
- Pharmacological options (e.g., HRT, non-hormonal therapies)

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5. Management Plan

- Patient-centred care
- Symptom-specific interventions
- Follow-up and monitoring

6. Preventive Health Advice

- Physical activity
- Smoking and alcohol
- Nutrition and bone/cardiovascular health

Team-Based Care

Under supervision, the following may assist:

- Practice Nurses
- Aboriginal Health Workers
- Aboriginal and Torres Strait Islander Health Practitioners

The medical practitioner retains clinical responsibility.

Further Information

- **MBS Online:** www.mbsonline.gov.au
- **Email:** askMBS@health.gov.au
- **Provider Line:** 13 21 50

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