

Hey Mob!

We wanted to share some information with you about PIMS. It's important for you to know if you have kids!

Who gets PIMS and what is it?

✋ PIMS (Paediatric Inflammatory Multisystem Syndrome) is a rare sickness that kids and teenagers can get after having a COVID-19 infection.

What causes PIMS?

✋ When viruses like COVID-19 get into our body, our body's immune system (or "germ-fighting" system) works to get rid of them.

PIMS can happen because the immune system is trying so hard to fight off the virus that it becomes overactive and harms the rest of the body too.

For more information visit
ahcsa.org.au or call 08 8273 7200



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How can I protect my child?

- 🦠 The best way that we can protect our kids against getting PIMS is to ensure that they have been vaccinated against COVID-19.

This will help them to be protected from PIMS.

When should I watch out for PIMS?

- 🦠 PIMS usually starts between 2 and 6 weeks after the COVID-19 infection.

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What are the signs that my child might have PIMS?

Kids who have PIMS might have symptoms like:

- ◀ A bad fever
- ◀ Feeling really sick
- ◀ Tummy pain
- ◀ A rash
- ◀ Vomiting
- ◀ Diarrhoea
- ◀ Feeling weak
- ◀ Trouble breathing

What should I do?

If a child gets these symptoms, they must be seen by a doctor or clinic straight away as PIMS can be treated and kids can get sick fast. Make it clear to the clinic that the child has had COVID-19.

Please phone 000 for an ambulance if you cannot get through to your clinic or you are worried.



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More facts about PIMS that might be helpful for parents:

- 🌀 **PIMS can occur even with a really mild COVID infection.**
- 🌀 **Even though PIMS is a very rare complication of COVID infection, it can be severe and mean that some kids will have to go to hospital and in some cases, even intensive care.**
- 🌀 **This means that being vaccinated is especially important to keep kids safe from getting really sick.**

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