










HEP C IN 4

1 ASSESS

Risky behaviour and environment
Chat about risks...
Review Communicare/other health record








RISK FACTORS

-  Injecting drug use - current or past
-  Unsterile/backyard tattoos, piercing or scarrification
-  Shared razor blades, toothbrushes
-  Not practising safe sex
-  Fights or contact sports incidents where blood was present
-  Unsterile medical, dental or cosmetic procedures
-  Blood transfusion or blood products before 1990
-  Communicare/health record: jaundice? previous test?
-  Been in prison

2 INFORM

It is a blood test
Explain hep C risk factors.
Hep C cure - simple, very effective

KEY FACTS

-  There is a CURE for hep C - close to 100%
-  No symptoms - can be a long time before you even notice
-  Blood needs to be taken for the test
-  It takes about 3 months before infections can be detected. If infection is recent, may need a second test.
-  For most people - **no** injections. Just tablets daily for 8 or 12 weeks.
-  Hep C can cause liver scars, liver failure or liver cancer.
-  Results can take up to one week

3 REFER

Viral Hepatitis Nurses
GP or Specialist (ID or Liver) if available
Hepatitis SA: 1800 437 222

VIRAL HEP NURSES

Eyre, Flinders & Far North (West)	0423 782 415 (CALHN)
Eyre, Flinders & Far North (East) Yorke & Northern	0401 717 971 (NALHN) 0423 782 415 (CALHN)
Riverland, Mallee, Coorong Barossa, Hills, Fleurieu, South East	0466 777 876 (SALHN)

4 FOLLOW-UP

Appointment for review
Medication delivery & reminders
Recent exposures - date for re-testing
Audit & recall diagnosed clients

ACTIONS

-  Appointment for follow up on progress
-  Regular reminders - calls or text
-  Recall diagnosed people who were not referred for treatment
-  Need support to fill script and/or pick up meds?
-  Recall those who have started treatment but had no follow up.
-  If exposure was recent, make date for another test in 3 months.