



Aboriginal Health Council  
of South Australia Ltd.

July 2019

# newsletter

*our health, our choice, our way*



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## Message from the CHIEF EXECUTIVE OFFICER

**Welcome to the July edition of the AHCSA Newsletter. It has been another busy and exciting period for AHCSA as we continue to support our Members and the Community with our health projects and programs and further develop the mechanisms to support our Strategic Direction.**

Following the March 2019 launch of our Strategic Direction for 2019-2024, we have held a number of workshops with our Members and Board Directors to progress the AHCSA Workforce Strategy, Health Leadership Strategy, Education Hub Strategy and Business Development and Wealth Creation Strategy. These key areas will support AHCSA's Organisational Plan, Community Engagement Plan and Partnership Plan. I would like to thank our Members and Board for their ongoing commitment and contribution to this process. Please see the article within this newsletter for further details.

AHCSA recently went through our QIP Accreditation process against the 7th Edition QIC Health and Community Services Standards and we would like to thank our Member Service representatives, key stakeholders and all staff who contributed to the audit process. Your participation and input is greatly valued. We have received initial feedback from the assessors

and look forward to sharing the outcome with you in the near future.

I would also like to take this opportunity to thank our Staff for their continued commitment to AHCSA and our Members, and in particular I would like to acknowledge Chris Reksinis, our Eye Health Project Officer, who has recently reached his 10 year anniversary working for AHCSA, and Isaac Hill, our Health Informatics Coordinator, for reaching his 5 year anniversary working for AHCSA. I know that both Chris and Isaac are passionate about their work and supporting our Members and the Community in improving health outcomes for our people.

AHCSA continues to strongly advocate on behalf of our Member Services and the Aboriginal Community through the SA Minister for Health, SA Department for Health and Wellbeing, SA Council of Social Service (SACOSS) and the SA Coalition of Peak Bodies on key matters such as the

Controlled Substances (Youth Treatment Orders) Amendment Bill 2018 and Gayle's Law.

In closing, I would like to thank you for your interest in our Newsletter and hope you enjoy this edition. AHCSA values any feedback regarding our publications and programs either through our website or by contacting AHCSA via the details on the back page of the Newsletter.

**Shane Mohor**  
Chief Executive Officer



**Our health, our  
choice, our way**

# AHCSA STRATEGIC DIRECTION 2019-2024

Since 1981, the Aboriginal Health Council of South Australia has been working to meet the health needs of Aboriginal people in South Australia.

## **'We have to be difference makers'**

AHCSA has done this through representing the collective expertise and aspirations of Aboriginal Communities at both state and national levels.

AHCSA is its Members. It has not been without its challenges. With the loss of a beloved leader and responding to the many changes in the health and operational landscape, the journey has been one of coping with loss, change and rebuilding. This is a new beginning, building on solid foundations and shared learnings.

We aim to build the best and greatest education facilities, deal with Aboriginal health and social issues, support our current workforce, our leaders and our young and emerging leaders.

We will innovate and take the best of new technologies to grow the capacity of individuals and Communities.

We will build onto and grow our strategic partnerships for the benefit of all our Members and Communities.

We will work to meet our dream of seeing thriving, healthy and culturally strong Communities.

## **'We need to talk with action'**

We want to be clear about the way we move forward because we love and have deep respect for our Communities and our work.

## **Our Vision**

Our vision is that all Aboriginal people will thrive, be healthy and culturally strong.

## **Our Mission**

The Aboriginal Health Council of South Australia will work in ways that maximise the capacity of the Aboriginal Community in determining their health and wellbeing by ensuring:

- Community participation
- Community ownership
- Community empowerment



Image supplied by Anna Dowling

## **Our Values**

We will do this in ways that ensure the Aboriginal Health Council of South Australia values:

- Cultural diversity
- Community history and knowledge
- Community strength





# Lung health - Tackling Indigenous Smoking

## WORLD NO TOBACCO DAY

The annual campaign is an opportunity to raise awareness about the harmful and lethal effects of tobacco use, secondhand smoke exposure and to discourage the use of tobacco in any form.

Every year, on 31 May, the World Health Organisation (WHO) and global partners celebrate World No Tobacco Day (WNTD).

This year the focus of World No Tobacco Day was on "tobacco and lung health. The campaign aimed to increase awareness about:

- The negative impact that tobacco has on people's lung health, from cancer to chronic respiratory disease
- The fundamental role lungs play in the health and well-being of people



## 2019 Puyu Blasters Pledge T-Shirt Competition

Aboriginal Health Council of South Australia marked World No Tobacco Day with a Pledge T-Shirt competition. AHCSA received inspiring artwork entries from men and women living in our communities.

AHCSA is thrilled to announce the 2019 winner of the Pledge T-Shirt design competition, Felicia Wilson.

Felicia is an Oodnadatta woman, currently living in Adelaide with her family. Her design depicts:

**"Men and Women are at a meeting place learning how to have healthy lungs and what smoking can cause to your health. Once the meeting has concluded then all go off their separate ways and walk back home"**  
Felicia Wilson

The Pledge T-Shirt competition encourages communities to think about smoking behaviours and make a pledge to encourage positive change.



Image: AHCSA Staff taking the Pledge on Friday 31 May 2019, T-Shirt artwork by Felicia Wilson



## Puyu Blasters Roadshow

The Tackling Indigenous Smoking Team (TIS), also known as Puyu Blasters, scheduled eight days to eight locations to raise awareness and promote the 2019 campaign message **Let's Make Every Day World No Tobacco Day**. The team geographically covered the Far North, Mid North and Riverland regions. Along the journey the team encouraged our mob to think about smoke free environments and encourage Community to quit smoking.

The Puyu Blasters Roadshow was a double celebration, due to WNTD coinciding with Reconciliation Week. The team hosted Puyu Blasters Pledge T-shirt drives in most locations. Over the course of the week, over 290 people took the pledge.

During the week, the team visited Port Augusta and Mobilong Prisons and Cadell Training Centre. TIS are supporting facility staff and prisoners as they transition to smoke free sites.

The Tarpari Wellbeing Centre in Port Pirie organised a Women's Pamper Day where the women discussed community health issues. The men's group hosted Puyu Blasters who facilitated a yarning session which revealed 90 per cent of the men in attendance were living a smoke free lifestyle.

Cancer Council SA staff, Eugene Warrior and Warrack Wallace joined Puyu Blasters to have a yarn with Community and offer support at Barmera Aboriginal Health Service community lunch.

Reconciliation events hosted by the Aboriginal Sobriety Group and Life Without Barriers were held in Berri. The Pledge Drive attended and created conversation starters. The team were privileged to hear personal stories from attendees who had started their smoke free journeys.

TIS partnered with SA Aboriginal Dental Program to provide Berri Primary School children education regarding the dangers of tobacco. The opportunity provided time to discuss healthy lifestyles, dental health, nutrition, exercise, benefits of staying smoke free and the importance of staying in school. The Puyu Blaster Superhero made an appearance, much to the delight of the children.

In Whyalla, Pledge Drives were held at Nunyara Aboriginal Health Service, Wynbring Jida Childcare Centre and Gabmiddi Manoo Children and Family Centre. Nunyara Aboriginal Health Service staff also set up a WNTD Stall at Westlands Shopping Centre to raise awareness about World No Tobacco Day.

The roadshow ended at the Cobdogla Football and Netball Club. Puyu Blasters provided a stall and Pledge Drive at the Reconciliation Match between Cobdogla and Ramco Football Clubs.

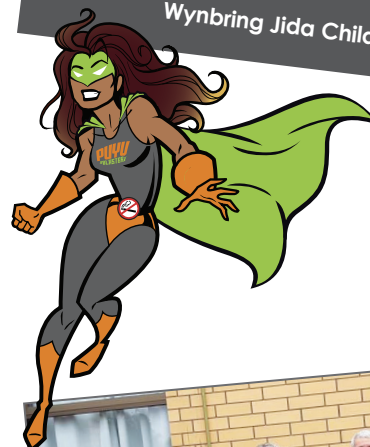
Thank you to community members, organisations and stakeholders for 'Joining the Mob' and taking the Puyu Blasters Pledge.



Port Pirie Tarpari Men's Group



Wynbring Jida Childcare Staff



Tackling Indigenous Smoking in the Riverland with the Aboriginal Sobriety Group





# What's been happening at Watto?

## CLOSING THE GAP

Northern Adelaide Local Health Network - Watto Purrunga Aboriginal Health Care Service recently sponsored and partnered at two educational events.

The Department of Health and Wellbeing 'Deadly Kids SA' 8th annual 'Strong Children's and Families Health' expo and Sonder's 'Closing the Gap' event.

Both events hosted government and non-government organisations to showcase their services and programs to the community.

This Closing the Gap (CTG) events gave NALHN staff the opportunity to promote the initiatives listed below, which are based at the Lyell McEwin Hospital:

- First 1000 days positive pathways for babies and families
- Cultural Healing - Improving mental health access and treatment
- Care Opportunities Initiative - Offering opportunistic screening to increase early detection and management of chronic disease for Aboriginal adults
- Appropriate cultural support
- Education
- Clinical Screening for all Aboriginal and Torres Strait Islander inpatients

Aboriginal Health Practitioners working in the Closing The Gap - Care Opportunities Team engage with patients on a social and emotional level and provide **cultural brokering** with health care professionals. This ensures the most appropriate care for patients is provided whilst in hospital and following discharge.



NALHN Chronic Disease Management Unit and Aboriginal Maternal and Infant Care staff also showcased their program and services to the community. At these events, Watto Purrunga Aboriginal Health Care Service promoted to the community:

- Medical
- Allied Health
- Wellbeing Support
- Health Promotion Programs



**Government  
of South Australia**

SA Health

**An exciting new joint initiative between NALHN Watto Purrunga Aboriginal Health Care Service and Department of Health and Wellbeing "Deadly Kids SA" is the establishment of an Aboriginal Consumer Reference Group.**

The aim of the reference group is to provide valuable input to assist and improve health care for Aboriginal people and carers living in the NALHN and Deadly Kids SA geographical area.

Aboriginal people are supported by the health service to actively participate in the improvement of patient experience and health outcomes and this is achieved by providing opportunity for patients to contribute to culturally appropriate supports via continuous improvement feedback and establishing patient focused care.

*Image Left:  
NALHN staff from Lyell McEwin Hospital and Watto Purrunga Aboriginal Primary Health Care Service*





## Aboriginal Well Health Checks

Watto Purrinna Aboriginal Health Care Service's expo stand featured Watto's Nutritionist and Diabetes Nurse who led an interactive sugar and salt in foods display.

Clinical staff were also on hand to provide influenza vaccines and opportunistic Aboriginal Well Health Checks for any Community members that attended the event.

## Under 8s Aboriginal Ear Health Program

The Under 8s Aboriginal Ear Health Program is a collaboration between Watto Purrinna Aboriginal Primary Health Care Service, LMH Outpatients and Allied Health, Women's and Children's Division and Surgery. The Ear Health Program is designed to fast track hearing and health interventions.

The Ear Health Program promoted their ongoing delivery of ear health and hearing screening for Aboriginal children across NALHN/CALHN. The service offers improved access to audiology and ENT services.



Image Above: Katrina Fitzpatrick - Podiatrist  
Watto Purrinna's Podiatrist offered Foot Health checks

Image Left: Kate Mousley - Dietitian, Isabelle Wegener - Diabetes Nurse Educator and Kathy Rigney - Aboriginal Wellbeing Worker



watto purrunna

The name of Watto Purrinna is a Kurna Term meaning "the branch of life".



Image Above: Shirlene Sansbury - Acting Under 8s Aboriginal Ear Health Coordinator

Under 8's Aboriginal Ear Health Program offered opportunistic hearing screening using the video otoscope.





## GP training with GPEx in South Australia

### MEET ALEX BARRETT



**Alex's research project focuses on better understanding factors which may prevent GP graduates from working within Aboriginal Health Services (AHSs).**

Alex is in her final year of GP training with GPEx in South Australia and completing an academic post as part of her extended skills training, in addition to working at an Aboriginal Health Service based in Adelaide city and Elizabeth Downs. Alex's research project focuses on better understanding factors which may prevent GP graduates from working within Aboriginal Health Services (AHSs).

As has been previously published, the health disparities between Aboriginal and non-Aboriginal Australians remains profound despite the introduction of the Close the Gap campaign

[closingthegap.pmc.gov.au](http://closingthegap.pmc.gov.au)

An essential component in reducing the health inequity is providing adequate primary care services to Aboriginal communities via skilled and culturally competent medical professionals.

There is currently a shortfall of GPs pursuing careers in Aboriginal health. Unfortunately, we have limited knowledge on the factors impacting the recruitment or retention of GPs in this field, and poor understanding of the factors which may encourage or prevent GP graduates from working in these services.

In 2018 GPEx completed a research project exploring why SA GP graduates, who had completed an Aboriginal Health Training Post during training, had chosen to continue to work in Aboriginal Health post-graduation. The findings of this study found that the decision to pursue a career in Aboriginal Health is determined by the registrar's values and interests and the experiences and support received during their Aboriginal Health Training Post placement. This project left us with the question:

**Why SA AGPT graduates who had completed an Aboriginal Health Training Post during training chose not to continue to work in Aboriginal Health post-graduation?**

This is the focus of Alex's project.

Alex will recruit GPs who have completed training in SA over the last 6 years, who completed an Aboriginal Health placement as registrars but have not pursued further work in Aboriginal health following graduation. The project has been approved by the University of Adelaide Human Research Ethics Committee (HREC #2019-070). Participants will be interviewed about their experiences and training in Aboriginal health and the reasons why they haven't continued to work in this area. The aim is to identify and potentially address or overcome some of these barriers, with the hope of increasing the number of GPs willing to work in Aboriginal health following fellowship.

Alex is working closely with the GPEx Aboriginal Health Team to ensure this project can generate useful results. GPEx will work together with Aboriginal Health Training Posts and communities to discuss the findings and determine how they can then be used to improve the training and support offered.

If you would like further information on the project or are interested in participating, please contact Alex directly at [alexandra.barrett@adelaide.edu.au](mailto:alexandra.barrett@adelaide.edu.au)



# Healthy Ears Workshop

## DEADLY SOUNDS

In March 2019, Aboriginal Health Council SA (AHCSA) in partnership with Royal Doctors Workforce Agency (RDWA) held a two day workshop.

The aim was to support and strengthen services in ear health and develop systems to improve ear health outcomes for Aboriginal children.



### Otitis Media Management Training

Benchmark Training Group delivered Otitis Media Management Training to AHP's and RN's working in ACCHs and SA Health PHC services.

There were 17 people who participated in the two day workshop, who came from Metro Youth Health Service, Watto Purrunga Health Service, Spinifex Health Service, Umoona Tjutagku Health Service, Nunkuwarrin Yunti, Pika Wiya Health Service, Port Lincoln Aboriginal Health Service, Moorundi Health Service, Oak Valley Health Service and Tullawon Health Service.

The training covered ear and hearing principles, assessing ear conditions and how to promote, educate and manage ear health. There was also a focus on Paediatric ear health assessments.

All the attendees were able to participate in activities throughout the day including using an otoscope and a digital otoscope.

The second day focused on strengthening systems in the Aboriginal Community Controlled Health Services to assist in identifying and managing young children with middle ear disease.

Feedback from the training was positive with participants finding the information useful and informative.

AHCSA will continue to support members through the Deadly Sounds Program. In the coming months Benchmark will be offering training in Tympanometry.

### AHCSA HR UPDATE

#### New Staff

Alfred Lowe - Student Travel and Administration Officer  
Tallulah Bilney - Student Travel and Administration Officer  
Jessica Stevens - TIS Evaluation and Communication Project Officer



Alfred Lowe



Tallulah Bilney



Jessica Stevens

#### AHCSA Staff Movements

Following an internal recruitment process, Tim Lawrence joined the TIS team as TIS Project Officer

#### AHCSA Staff Training

On the 8th and 13th May 2019, AHCSA staff attended a training session on "De-escalating challenging situations and Alcohol and Other Drugs Policy"

The purpose was to provide staff with tools to manage particularly challenging situations and avoid escalation. They also included an introduction to the damaging effects of alcohol and drugs on productivity and touched base on AHCSA's new Alcohol and Other Drugs Policy.

On the 29th May 2019, AHCSA staff participated in a compulsory "Child Safe Environments: Identify and respond to children and young people at risk" workshop.





# Ceduna Koonibba Aboriginal Health Service

## OUR GENERAL PRACTITIONER

CKAHSAC has had a busy period securing a number of programs and activities for the community, none as significant as the commencement of our new permanent General Practitioner.



Image: Introducing Dr MPangula (left) pictured with CKAHSAC CEO Zell Dodd.

### Dr Ndaye Michel MPangula

Dr MPangula commenced with CKAHSAC in February 2019. Dr MPangula contributes professional advice to programs, CKAHSAC's clinical services as well as providing General Practitioner services to the wider community. Over the last 5 months, staff and community have embraced the new GP and have affectionately named him "Doc".

### Commonwealth Funding - Joint Venture

In partnership with Nunyara Aboriginal Health Service and Pika Wiya Health Service, a joint proposal was submitted to the Department of Health to apply for additional Information Communication Technology (ICT) Funds. A media release by the Marshall Government in May 2019 indicated that this proposal was successful. CKAHSAC are grateful for this funding which will assist in a joint venture to tackle improvements to the Communicare system via the split of a shared database.

### Enhanced Syphilis Response Program

Working closely with AHCSA, CKAHSAC has received funding to roll out phase three of the enhanced Syphilis Response. The response is being coordinated by AHCSA across the state to support a consistent approach, with CKAHSAC being responsible for delivery in Ceduna and surrounding areas.

CKAHSAC will be looking for a part time employee to support an increase in community awareness and testing. This will involve education programs, point of care testing and the development of resources targeting STIs. The program has commenced across the state and Ceduna are currently in the recruitment phase, however point of care testing and education is already occurring through an integrated service approach.

CKAHSAC are preparing to run a six week STI screening and education program, with many prizes to be won and a specific target of increasing our community engagement within this program. The program will run from the 20th May until the 28th June 2019 for ages 16-35.

### Model of Care

CKAHSAC have developed a new model of care. The model incorporates the unique ability of an Aboriginal Community Controlled Organisation to integrate holistic health care whilst streamlining approaches for a client centered, health and wellbeing service.

The model has been created to ensure quality client and community care is available, with a focus on ensuring no one is excluded. CKAHSAC have commenced a systematic roll-out of the new model, through the mapping of our client journeys and the creation of standard operating procedures.



## Tackling Indigenous Smoking

# TRANSITION TO SMOKE FREE PRISONS IN SA

**Supporting Indigenous staff and inmates in the transition to smoke free prisons.**

In the first half of 2019, the Adelaide Women's Prison and Yatala Labour Prison transitioned to a smoke free environment. This process was supported by the Tackling Indigenous Smoking Team at Nunkuwarrin Yunti.

AHCSA's Tackling Indigenous Smoking Team (TIS) are currently working with the South Australian Department of Correctional Services, Cancer Council SA and the Regional Transitions Team located in the Port Augusta, Port Lincoln, Moolong and Cadell facilities.

TIS will host yarning circles aimed at providing informal education about the harms of tobacco, the benefits of quitting and support available to help quit. Diversion therapy will assist prisoners during the transition period.

The TIS Project Officers have already made positive connections with staff and prisoners within the facilities and are committed to lending support to all during the process.



Image: AHCSA Tackling Indigenous Smoking Team  
Left to Right: Zena Wingfield, Trevor Wingard and Grant (Snowy) Day

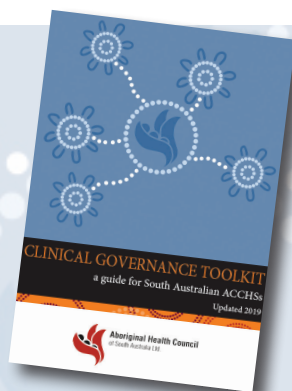
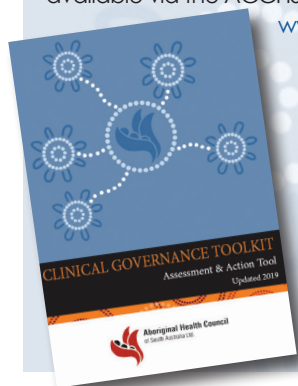
## AHCSA Quality Systems Team

# CLINICAL GOVERNANCE 2019 UPDATES

**Over the previous month, the AHCSA Quality Systems Team have been updating the ACCHS Clinical Governance Toolkit, and Assessment and Action Tool to align with both the RACGP 5th Edition Standards and the QIC 7th Edition Standards.**

We are pleased to announce that the updated versions of these resources are currently being printed and will be made available at the 2019 Quality Forum in June, and will be sent out to ACCHSs that were unable to attend the event.

As always, digital copies will also be made available via the ACCHS Member Portal at [www.ahcsa.org.au](http://www.ahcsa.org.au)



### National Safety and Quality Primary Health Care Standards

The Australian Commission on Safety and Quality in Health Care are now consulting on the National Safety and Quality Primary Health Care Standards until July 2019.

The current National Safety and Quality

Health Service Standards are very hospital focused. These consultations will help inform the Commission on the many and varied ways that safety and quality risks in primary health care need particular attention - and will be an opportunity for the ACCHO sector to ensure that issues such as access and cultural safety for Aboriginal and Torres Strait Islander people are included in the Standards.

Consultations will involve face-to-face and video workshops as well as an online survey. The AHCSA Quality Systems Team will be providing advice through the survey, and more broadly, the sector will be represented through NACCHO on the Committee.

For more information, please see: [www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)





# AHCSA Registered Training Organisation

## HEART AND KIDNEY WORKSHOP

HLT30113 Certificate III Aboriginal and /or Torres Strait Islander Primary Health Care students participate in a workshop to learn about heart and kidney health.



Images: Educator Christine Fraser working with Certificate III students.

**ABORIGINAL  
HEALTH  
WORKERS AND  
PRACTITIONERS  
PROVIDE  
EDUCATION  
TO CLIENTS  
REGARDING  
HEALTHY  
LIFESTYLE  
CHOICES  
FOR STRONG  
KIDNEY AND  
HEART HEALTH**

**Did you know your heart health is tied to your kidney health?** In fact, having kidney disease puts you at risk of getting heart disease. And having heart disease puts you at risk of having kidney disease.

The kidneys are two organs, each about the size of your fist and shaped like a kidney bean. As the heart pumps blood throughout the body, kidneys clean it, remove waste, help maintain blood pressure and ensure the blood has the right amount of certain nutrients and minerals.

Damaged kidneys put extra stress on the heart. The damage prevents the kidneys from cleaning waste and extra fluids from the blood and body. When waste and extra fluid stays in the body, people can have other health problems, including high blood pressure, heart disease and stroke.

The risks for kidney disease are similar to the risks for heart disease. People who have diabetes and high blood pressure are at a greater risk for kidney disease as well as heart disease.

**Aboriginal and Torres Strait Islander people are more than twice as likely as non-Indigenous people to have indicators of chronic kidney disease. The rates statistically increase for those living in remote and very remote Australia.**

This higher burden can be reduced by identifying chronic disease earlier and through the management of risk factors and the disease itself.

Aboriginal Health Council of South Australia's Certificate III students undertook an extensive workshop to understand how the heart and kidneys function.

This hands on experience utilising the heart and kidneys from animals underpins studies across numerous units of competency within the certificate.

This workshop also gives students a practical way to relate theoretical principles which will be beneficial in the workplace.

If you would like to know more about any of AHCSA's RTO Programs please contact us on 08 8273 7200.

# AHCSA Registered Training Organisation

## SEXUAL HEALTH PROGRAM

**AHCSA's Sexual Health Program partnered with the RTO to deliver the Sexual Health elective.**

In February the AHCSA Sexual Health Program partnered with the RTO to deliver the Sexual Health elective module for the Certificate IV in Aboriginal and/or Torres Strait Islander Primary Health Care Practice students.

The module covers content relating to sexual health for men and women, including identity, gender, sexually transmitted infections, patient history, testing and treatment.

AHCSA is very grateful for the continued support from its partners in this area.

These partners include the Adelaide Sexual Health Centre, Yarrow Place, SHINESA, SIN and SAMESH. These stakeholders present industry-specific education through workshops, which build capacity and networks across SA.

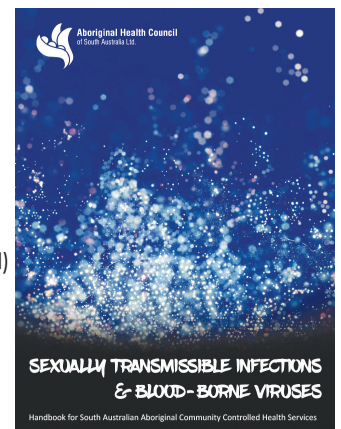


Image: Left to Right  
Back Row - Dominic (Educator), Christian, Walter, Con, Tamika, Zecky, Glenys, Cherie, Robert, Brianna, Catherine (Educator), Stephanie, Nijrah  
Middle row - Minnie, Sarah (Educator), Joanne, Ivana, Tina, Sherie, Ronald  
Front row - Josh (Educator)

### Sexually Transmissible Infections and Blood-Borne Viruses.

Hard copies have been sent to Aboriginal Community Controlled services.

Please contact AHCSA Sexual Health Team on 08 8273 7200 if you would like an electronic OR (limited) hard copy of this resource.



# Building Capacity to Support Quitting

## SMOKE FREE LIFESTYLES

**Assisting students to support smoke free lifestyles when working with clients and Community.**

The Tackling Indigenous Smoking (TIS) Team have been working with HLT301 13 Certificate III in Aboriginal and/or Torres Strait Islander Primary Health Care students to support quitting and encourage smoke free lifestyles.

The information presented links to modules students will undertake regarding Chronic Disease and Alcohol and Other Drugs.

During the interactive session students learnt about the health effects of tobacco smoke and ways in which the Community can be supported to quit.

Participants were introduced to the Smokerlyzer, a device used to measure the amount of carbon monoxide in a person's lungs. Students were also invited to take the Puyu Blasters Pledge – To Make Our SA Aboriginal Communities Smoke Free.



Image: TIS Program Project Officers, Trevor Wingard and Grant (Snowy) Day with Certificate III students



Image: Smokerlyzer





## PLAHS Women's Group WEAVERS FROM THE NORTHERN TERRITORY

PLAHS welcomes expert weavers from the Northern Territory, Dorothy Bienanwangu and Milliwanga Wurrben.



On Tuesday 23rd of April the Port Lincoln Aboriginal Health Service Women's Group had special guests. These guests were expert weavers from the Northern Territory, Dorothy Bienanwangu and Milliwanga Wurrben. Both ladies were visiting Port Lincoln as a part of the SALT Festival.

The ladies demonstrated and talked about the art of weaving, the collection and drying process of the pandanus leaves, and how they are used to make their beautiful baskets, dilly bags and other crafts.

Participants were shown how to make their own small baskets to take home, similar to the basket pictured.



## Queen Elizabeth Hospital REDEVELOPMENT UPDATE

**Creating a Welcoming Environment in Partnership at The Queen Elizabeth Hospital.**

Early engagement has begun on the \$270 million redevelopment of The Queen Elizabeth Hospital (TQEH) with a focus on Aboriginal and Torres Strait Islander cultural design elements. The purpose of the 15 May workshop held at Port Adelaide Football Club was to engage with clinicians and community stakeholders to develop good practice principles, creating a welcoming environment as part of the Stage 3 redevelopment of TQEH.

It was an incredibly powerful, positive and thought provoking discussion with constructive feedback and useful design elements for the project team to consider.

The feedback from clinicians and community members will now be collated into themes and some preliminary principles for the redevelopment. The project team intend to bring the clinical and community groups together to review and formalise the design principles that will then form part of the design documentation.



Image:  
Uncle Major "Moogy" Sumner providing a Welcome to Country service at the Creating a Welcoming Environment in Partnership Workshop

If you wish to be involved in other future engagement opportunities please get in contact with TQEH redevelopment team via email

[Health.TQEHStage3Redevelopment@sa.gov.au](mailto:Health.TQEHStage3Redevelopment@sa.gov.au)



# Maternal Health

## THROUGH THE EYES OF CHILDREN

The Maternal Health Tackling Smoking Program commenced in 2010 and nine years later is proud to launch Phase Two of the 'Stickin it up the Smokes' campaign.

'Because mum gave up smokes for me,  
I love to run and I love my mum'

'Mum and Dad gave up smokes for me,  
and I breathe easy'



These unique ambassador posters feature two children from mums of the initial 'Stickin it up the Smokes' campaign. These are the children of quit smoking ambassadors Josselyn Cleaver (Son: Nameth Cleaver-Khan) and Renee Andrew (nee Coulthard) (Daughter: Mariah Andrew).

The ambassador posters, 'Through the eyes of children' deliver strong, clear messages about the importance of smoke free pregnancies to the new generation of pregnant mothers.

At commencement of the Maternal Health Program, statistically, of the 1,000 Aboriginal babies born in South Australia, 52.9% were born to mothers who smoked during their pregnancy. Nine years on, the statistics of Aboriginal women smoking during pregnancy decreased to 41.3%.



Image Left and Right:  
Mariah Andrew (Kuyani/ Adnyamathanha girl) supported by her mum, Renee, proudly autographed posters for her friends at Kaurna Plains Kindy at her ambassador launch which delivered her strong messages to encourage smoke free pregnancies.

There is still much work to be done to ensure that healthy babies are born to smoke free mothers in smoke free environments. The new campaign resources and the Maternal Health Tackling Smoking website (soon to be launched on the AHCSA website) will assist in supporting pregnant women to make quit attempts and continue to improve Aboriginal health for the wider community.



Image: Left and Right  
Nameth Cleaver-Khan ( Arabunna boy) recently enjoyed launching his two ambassador posters with his class friends at Enfield Primary School, Nameth said that "because his mum said no to smokes I can say yes to sports".





## Nunkuwarrin Yunti News

# REDRESS SUPPORT SERVICE

The National Redress Scheme was created to support survivors of Child Sexual Abuse, implemented through the Royal Commission findings into Institutional Responses to Child Sexual Abuse.

Nunkuwarrin Yunti are proud to announce that we have specific Social Health Specialist case workers to support individuals choosing to engage in the Redress Scheme. We provide culturally competent support to Aboriginal and Torres Strait Islander communities across South Australia through the National Redress Scheme.

### How can we assist you?

To ensure your Cultural Wellbeing and Connectedness through the National Redress scheme is a safe pathway, we aim to provide:

- Holistic case management
- Help drafting Redress Scheme applications
- Information and advocacy as requested

- Access to informed Legal Advice services relating to the National Redress Scheme
- Record request services (child file, from Freedom of Information, if need be)
- Access to narrative counsellors
- Access to culturally informed psychologists
- Access to Ngankari at request
- Access to Redress support groups

- Connection to community events
- Financial counselling services

If you think that Redress applies to you, or you would like to know more, please contact Nunkuwarrin Yunti on 08 8406 1600 or 8254 5300 and ask to speak to a Redress worker.



Image: Aboriginal Family Partnership Worker, Shane Rigney

## Nunkuwarrin Yunti successfully gained accreditation

Nunkuwarrin Yunti successfully gained accreditation with The Royal Australian College of General Practitioners (RACGP). Nunkuwarrin Yunti are the first South Australian Aboriginal Community Controlled Health Service (ACCHS) to obtain accreditation against the 5th edition of the Standard.

The new RACGP Standards were developed using a new modular format and has moved from process-focused to outcome-focused and is more patient-centred. The new edition

encourages practices to set up systems and processes that reflect the unique needs of their practice.

To assist with identifying any gaps with quality and safety processes, Nunkuwarrin Yunti invited a number of clients to participate in a focus group. During the yarning circle people were encouraged to share their experiences of services. The feedback received was extremely valuable and will assist to further improve systems and processes.

## PROGRAM FOR FIRST TIME MUMS

### Men's Family Partnership Worker

Aboriginal Family Partnership Workers support women, their partners and fathers of babies to build strong family and social relationships and networks.

An exciting new addition to the team is Shane Rigney. Shane is the first Men's Family Partnership Worker across 13 sites. This is a great achievement and an exciting innovation for the Program. Shane will work directly with women's partners, fathers of babies, and other significant men in the life of the baby.

### The Program

Nunkuwarrin Yunti, in conjunction with Australian Nurse-Family Partnership Program have for the past 18 months been delivering in home support to new mums.

The program is for women having an Aboriginal or Torres Strait Islander baby. It is voluntary and supports a woman (and their partners) from 16 weeks of pregnancy until the child turns 2 years of age. This is done in partnership with Aboriginal Maternal Infant Care Workers, midwives and other people involved in the woman's maternity care as the program complements, not duplicates, her maternity (and child health) services.

The program is available to Aboriginal families in 13 sites across Australia. Primarily, the locations are within Aboriginal Community Controlled Health Organisations.

Nunkuwarrin Yunti is the first provider within South Australia to provide the service.